



2024-25 Arrow Basketball League

The Arrow Basketball League is a program for the student-athletes of the greater Lowell area. The ABL is a fun and competitive way for student-athletes to develop basketball fundamentals. **Registration is now open, the deadline to register is October 19th.** No late registrations will be accepted.

- Co-ed Division: Kindergarten
- Boys and Girls grade divisions: 1-2, 3-4, 5-6
- Cost: \$85 with a new jersey
- Cost: \$75 (no jersey needed) Jerseys will be the same as last year, please check to make sure the jersey fits before registering

Grades K-2: at Murray Lake Elementary Saturdays 11/2-12/14 (*12/21 weather date if needed)

- Each team will have a 30 minute practice followed by a 30 minute game on Saturday mornings
- Each team will be coached by a Lowell HS Basketball Player (**11/2 is first practice/game**).

GIRLS 3rd-6th: Season dates: Saturdays 11/2-12/14 (*12/21 weather date if needed)

- **1st practice week of 10/21** Divisions: 3-4 and 5-6 (1st game: 11/2)
- Participating schools in the league: Lowell, Kenowa Hills, North Pointe Christian, Comstock Park
- Games will take place at either Kenowa Hills or North Pointe Christian Schools
- Teams will be coached by a volunteer coach.
- Practices will be held at Cherry Creek, Murray Lake, or LMS
- Practice times will be announced as soon as teams are assigned and coaches have volunteered.

BOYS 3rd-6th: Season date: 1/13-2/17

- **1st practice week of 1/6**
- Game will take place at Wyoming Schools
- Teams will be coached by a volunteer coach.
- Practices will be held at Cherry Creek, Murray Lake, or LMS
- Practice times will be announced as soon as teams are assigned and coaches have volunteered.
- Last week will be tournament format

You can register at lowellsportscamps.com or fill out the bottom of this and mail back with payment to:

Lowell High School (Attn: ABL Basketball)

11700 Vergennes Rd. Lowell, MI 49331

Name: _____

Gender: _____

Grade: _____

Jersey Size (if ordering a new one): YS, YM, YL, AS, AM, AL, AXL

Parent Name & Cell _____

Address: _____

Email: _____

If you are interested in coaching a 3rd-6th team please contact Ashley Velzen at avelzen@lowellschools.com